

BRUNCH

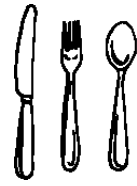
7AM - 11.30AM

Pasture Eggs on Toast <i>poached, scrambled or fried</i>	14
TFD Complete <i>eggs any way, bacon, chorizo sausage, tomato, whipped feta, avocado, mushrooms, sourdough</i>	34
Peach Panacotta <i>granola, thyme honey, coconut yoghurt</i>	18
Breakfast Brioche <i>brioche, avocado, haloumi, bacon, lemon mayo, rocket</i>	20
Bowl <i>soft greens, cauliflower, crispy chickpea, pomegranate, dukkah, avocado</i>	24
Salmon <i>hot smoked Mt Cook Salmon, fennel, carrot + beetroot rye, labneh, poached egg</i>	28
Short Rib <i>welsh rarebit, pickled zucchini, parsley, smoked cheddar, sourdough</i>	30

Sides

Chorizo Sausage	08
Haloumi	08
Bacon	07
Heirloom Tomato's	06
Avocado	05
Mushrooms	07
TFD Farm Salad	11
Hot Smoked Mt Cook Salmon 85g	13

THE
FARMERS
DAUGHTER



The Farmers Daughter

Hot or Over Ice | Allpress coffee, hot chocolate, Hakanoa spicy chai, lemon ginger + honey

5 - 7

Almighty Organic Juice | carrot + tumeric, orange, apple

7.5

Karma Cola | Lemmy Lemonade | Gingerella

7.5

TFD Green Juice | celery, lemon, fennel, apple

10

Soochi | ginger + lemon collagen and prebiotic soda

08

SOLANA RITUALS | Apple Cider Vinegar shrub + Sparkling Water

08

Paloma | grapefruit, lime, chilli

Fresa | strawberry, basil, pink peppercorns

Valencia | orange, cardoman, thyme

MATCHA

08

Matcha Matcha | hot or over ice, with raw honey and your choice of milk

The Strawberry | matcha, strawberry, honey, milk of your choice

LIBERTINE TEA

07

Runaway Rose | elderflower, rose, lavender and vanilla

Minty Ohm | mint, mānuka, lemon balm and rosemary

Cacao Chai | cacao husks, ginger, cardamom, cloves, black pepper

Kapow | lemongrass, kawakawa, cardamon, chilli

Lightning Green | sencha green tea and ginkgo biloba

SMOOTHIES

12

Green Power Blend | avocado, pineapple, mango, Matakana Superfoods Supergreens powder

Almond Dream | almond butter, Matakana Superfoods Maca, banana, dates, cinnamon

