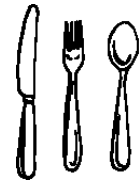


The Farmers Daughter

Breakfast until 11.30AM

Crumpet honeycomb, brown butter	12
Coconut + Raspberry Crunch dandelion, coconut yoghurt, poached pear	18
Pasture Eggs on Sourdough poached, scrambled or fried	14
Breakfast Burger brioche, avo, haloumi, bacon, lemon mayo, rocket	20
Bowl soft greens, fennel, quinoa, whipped beetroot, avocado, dukkah	24
Beef Cheek sourdough, watercress, mcclures pickles, smoked cheddar	26
Hot Smoked Salmon rye, sumac labneh, gremolata, poached egg, pickled fennel	28
TFD Complete 2 eggs, whipped feta, chorizo sausage, bacon, avocado butterbean + tomato, mushrooms, sourdough	34
Farm Salad TFD leaves, herbs, flowers, shallot vinaigrette	11
Chorizo Sausage	08
Halloumi	08
Bacon	07
Avocado	05
Mushroom	07
Fresh tomato's	05





The Farmers Daughter

Hot or Over Ice | Allpress coffee, golden latte, hot chocolate, Hakanoa spicy chai, lemon ginger + honey 5 - 7

Almighty Organic Juice | carrot + tumeric, orange, apple 6.5

Daily Organics | lemonade, ginger beer, rose lemonade, kombucha 07

MATCHA

Matcha Matcha | hot or over ice, with raw honey and your choice of milk 07

The Espresso Bounty | matcha, honey, Allpress espresso shot, coconut milk 09

The Strawberry | matcha, strawberry, honey, milk of your choice 09

LIBERTINE TEA

07

Runaway Rose | elderflower, rose, lavender and vanilla

Minty Ohm | mint, mānuka, lemon balm and rosemary

Cacao Chai | cacao husks, ginger, cardamom, cloves, black pepper

Exhale Detox | a therapeutic blend of dandelion, milk thistle, peppermint, liquorice

Lightning Green | sencha green tea and ginkgo biloba.

SMOOTHIES

12

Green Power Blend | avocado, kale, Matakana Superfoods Supergreens, pineapple, mango

Almond Dream | almond butter, Matakana Superfoods Maca, banana, dates, cinnamon

Natural wine, local beer available, ask to see the list

